



SAFETY MONDAY

April 9, 2012

GETTING IN AND OUT OF THE CAB

With all of the potential safety hazards facing solid waste collection workers, one might think getting in and out of the cab would be a relatively easy issue to address. Unfortunately, drivers and helpers occasionally get hurt entering or exiting the cab. In addition to wearing appropriate slip-resistant footwear, collection employees should:

- ✓ Use three points of contact at all times!
- ✓ Don't rush!
- ✓ Don't exit or enter the cab if the truck is moving!
- ✓ Don't jump down from the cab – ankle sprain risk!
- ✓ Look before you step out of the cab – watch out for holes or uneven pavement
- ✓ Be extra-careful in wet conditions
- ✓ Watch out for the exhaust system – it can burn your hand or arm
- ✓ Watch out for other vehicles when exiting the cab

The EIA Safety Manual and [ANSI Z245.1](#) standard contain guidance on how to enter and exit a cab safely. The best guidance is common sense: take your time, do it right, and you won't get hurt!

